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ALMOND COCONUT PROTEIN SQUARES (sugar free dessert)

2 cups almond butter

½ cup coconut oil

2 scoops chocolate protein powder of your choice

¾ cup almond meal

¼ cup chia seeds

2 tsp stevia liquid

¼ tsp sea salt

Toppings: 3 tbsp hemp seeds + 3 unsweetened coconut flakes (optional)

Combine all ingredients together and spread into a small corningware dish (roughly 6"x 3"). Top with hemp seeds + 3 tbsp unsweetened coconut flakes. Freeze, remove and let thaw slightly to cut into bars. You'll need it to thaw a little longer to wedge each bar out. They may crumble a little bit but they're incredibly delicious anyway.